

#AmPowered @ MTS Infokit



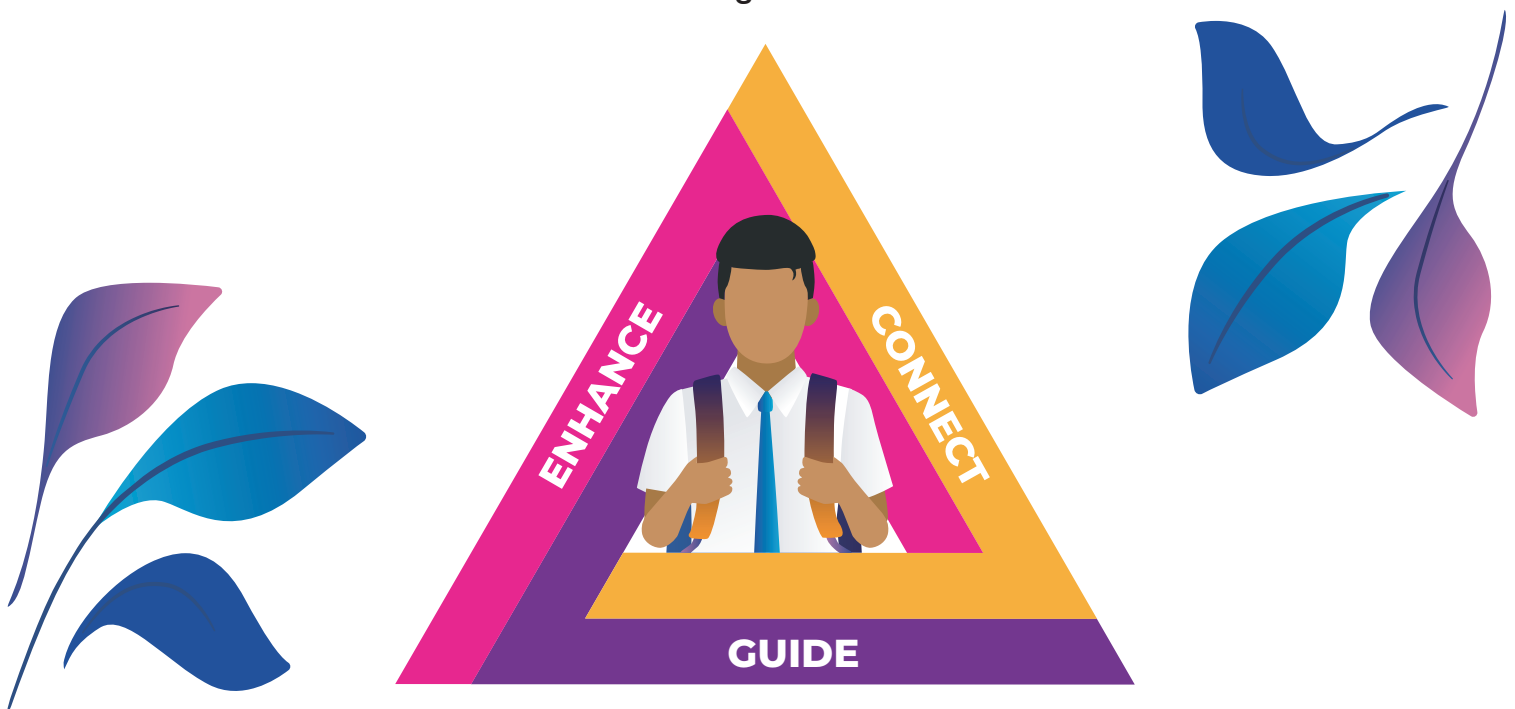
A MENTOR is someone
who **ALLOWS** you to **SEE** the
hope inside yourself

..... Oprah Winfrey

ABOUT AMPOWERED@MTS

The **AmPowered@MTS** programme offers Sec 3 and 4 MENDAKI Tuition Scheme (MTS) students access to mentors who:

- 1 **ENHANCE** students' motivation to achieve their aspirations
- 2 **CONNECT** students to support networks and resources, (e.g. information, financial assistance) where required
- 3 **PROVIDE GUIDANCE** for students to develop transferable skills and make better-informed decisions about their post-secondary education pathways based on their interests and strengths



GIFT-CENTRED MENTORING (GCM)

Gift-Centred Mentoring (GCM) is a mentoring philosophy adapted from Youth Mentoring Connection (YMC), a mentoring organisation in Los Angeles, USA. In GCM, we are guided by the concept of “**shining a light on the gifts of mentees and caring for their wounds**”.

We define ‘gifts’ as inherent talents and positive personality traits each person was born with to share with the world. When we recognise the gifts of our mentees, we help them realise their full potential. Through caring for their “wounds”, we can identify any potential obstacles, challenges, or setbacks that might be keeping them from achieving their purpose.

PROGRAMME OVERVIEW

AmPowered@MTS is a 9-month programme from March to November held @ MENDAKI Tuition Scheme (MTS) Centres islandwide. Mentors are required to engage their mentees twice a month for at least an hour per session.

Each mentor will be matched to a maximum of 3 mentees based on the following criteria:

- 1 Gender
- 2 Location
- 3 Interest

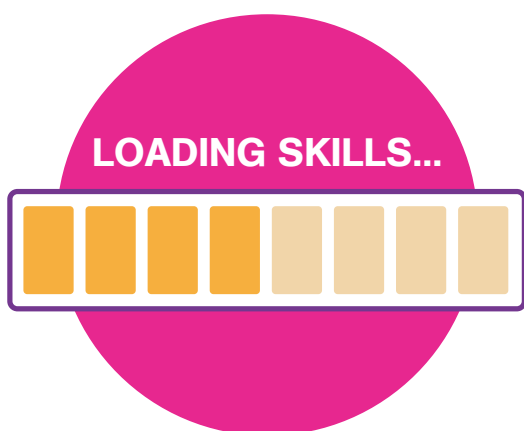
As part of the mentoring programme, our mentors will have the opportunity to attend developmental workshops and sharing sessions conducted by industry experts.

There will also be quarterly check-ins to provide a platform for mentors to share their insights on their mentoring experience.



MENTOR DEVELOPMENT

Recruitment, Retention, Reward, Recognition



Training & Development

- 1 Gift-Centred Mentoring Training
- 2 Community of Practice
- 3 Invite to MENDAKI's Future Ready events
- 4 Networking



Volunteering Opportunities

- 1 Volunteer with M³
- 2 Presented with the MENDAKI Volunteer Appreciation award



Leadership Development

- 1 Outstanding youth volunteers will be invited to develop their leadership skills
- 2 Opportunity to sit on national boards

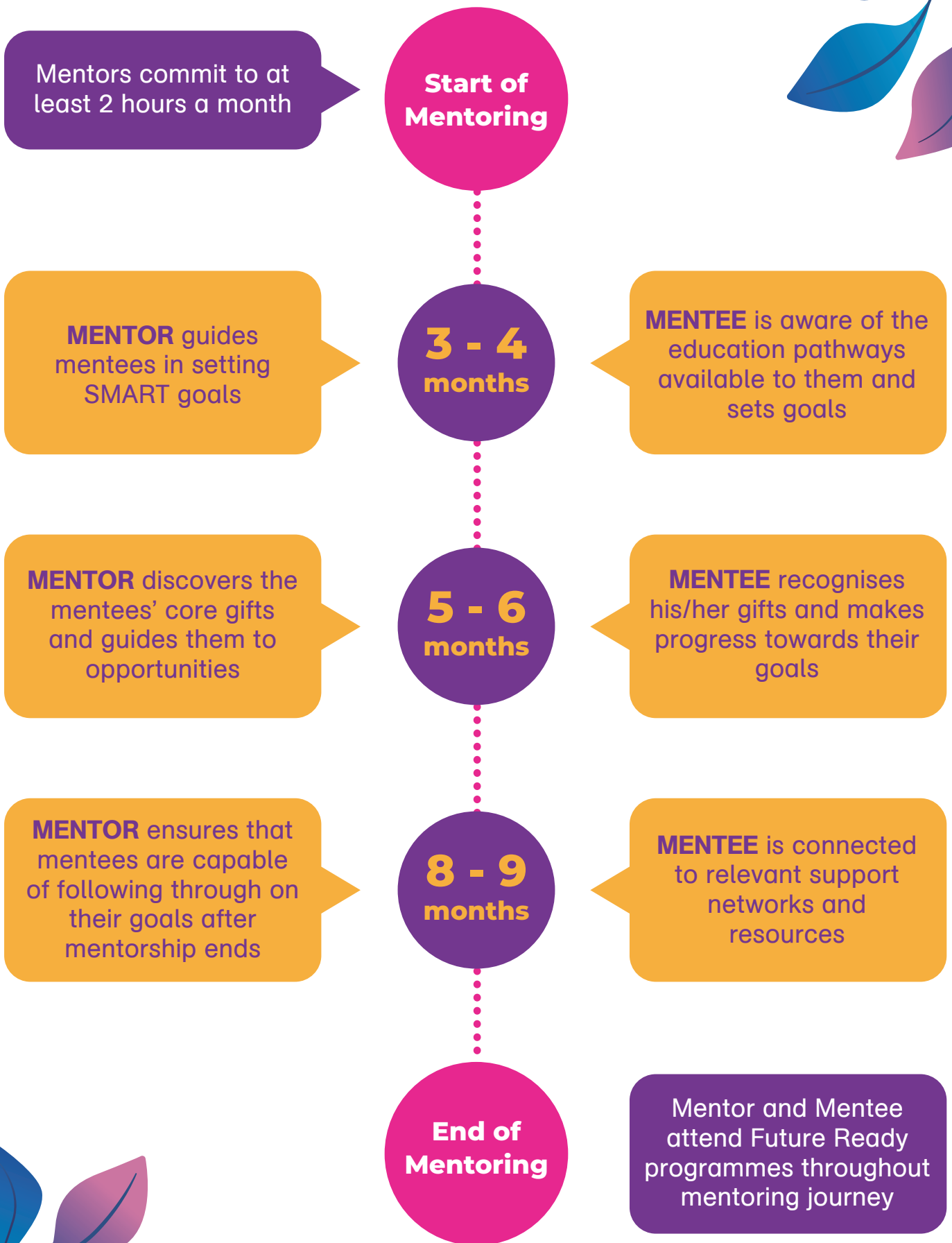
Interested mentors will undergo a screening and an interview to determine their suitability

SUPPORT FOR MENTORS

- 1 Quarterly **Mentors Chit Chat** where mentors share their thoughts and concerns
- 2 Thematic **workshops and engagements** that guide mentors in engaging mentees
- 3 Monthly **Community of Practice** sessions to learn from experienced mentors and acquire best practices
- 4 Access to “**The Gift of Mentoring: A Guide for Mentors**”



MENTORING JOURNEY



WHAT'S IN IT FOR MENTEES

- 1 Identify **interests and strengths** with the support of a dedicated Mentor
- 2 Access to **one-on-one or group mentoring** beyond MTS hours to strengthen rapport
- 3 Invitations to **skills building workshops and sharing sessions** by industry experts
- 4 Set **SMART** goals to help achieve aspirations: Specific, Measurable, Attainable, Relevant and Time-based
- 5 Gain insights on viable **post-secondary education pathways** based on strengths and interests



COMMON FAQs

- 1 Who are the mentees in AmPowered@MTS?**

They are Secondary 3 and Secondary 4 students enrolled in the MENDAKI Tuition Scheme (MTS). They are given access to mentoring, as they are in a critical stage of their educational journey. The guidance from mentors may help them make better-informed decisions on their future education pathways.
- 2 What kind of activities will mentors be involved in with mentees?**

We have specially curated a non-exhaustive list of activities that centre around community-building, leadership, skills development, motivation, and support for both mentors and mentees to participate in throughout the 9-month duration of the programme.
- 3 My educational pathways were different from the aspirations of my mentees. How can I advise the mentees?**

Practice open-mindedness and exercise a two-way communication with your mentees. Mentoring is about helping your mentees discover their journey, instead of influencing them to take the same paths that you did. Take the time to attend Community of Practice and Mentors Chit-Chat sessions as you will learn useful tips to navigate such scenarios.
- 4 My mentees informed me of something critical, who should I notify?**

Critical issues that impact mentees' livelihood and endanger them and/or their surroundings need to be flagged to the Programme staff immediately. Depending on the severity and urgency of the issue, officers may escalate the matter to the school and MENDAKI's management. You may refer to the Gift-Centred Mentor manual for red-flagging SOP.
- 5 My mentee is not interested in mentoring and does not find it beneficial. What should I do?**

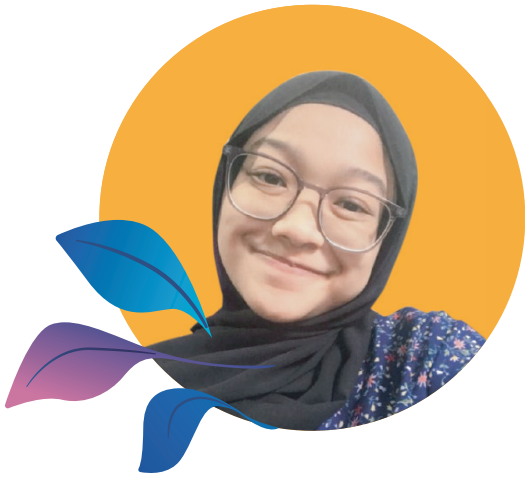
Have a casual talk with your mentee to find out his/her interests. You may even play games or conduct ice-breaking activities to build rapport and get to know your mentees better.* Your mentees are at a developmental stage and may be susceptible to peer influence. Invite them to group mentoring sessions so they have peers to connect with. This will also help them expand their social circle and make new friends.
- 6 Am I allowed to meet my mentees face-to-face outside MTS Centres?**

Your mentees are secondary school students aged 15 or 16 years old. You should not arrange for a physical meeting with any of your mentees outside the MTS Centres as you will require parental consent. Programme staff will organise community-building activities outside the MTS centres for mentors and mentees to build rapport and have fun together.** Look out for our invitation and encourage your mentees to attend with you.

* Refer to the mentor manual for a list of activities to build and increase rapport with mentees

** Subject to Multi-Ministry Taskforce's latest SMM guidelines

OUR MENTORS SAY



Nyimas Fasya 'Ayuni
18 years old
Ngee Ann Polytechnic
Student

Being new to mentoring, I was worried about the possible obstacles I could face on this journey. However, as I take baby steps, I constantly find myself growing and developing my skills as a mentor and creating wonderful memories with my mentees. It takes time to foster the bond you want to achieve as mentees require time to adapt to new people in their lives, but I can confidently say, it is worth my time.

In the beginning, it was difficult for me to get close to my mentees as our interactions were restricted to the online platform due to the pandemic. However, I was pleasantly surprised by how my mentees gradually opened up to me; it was inspiring to see them doing their best in their academic pursuits despite the challenges that accompanies Covid. I am grateful and fortunate to have been able to play a part, albeit small, in helping my mentees take one step closer to reaching their full potential.



Mirza Nabil Putra Azhar
21 years old
National University of Singapore
Student

STAY CONNECTED WITH US

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